



Energy saving with modest investment which could pay back within a year

ACTION	Typical Cost Saving	Typical CO2 Reduction
Do consider your particular needs as savings are indicative only and will depend on your particular situation and lifestyle. For example, a modern house which is unoccupied during the day is very different to an older property with people at home. For major investments (loft/cavity wall insulation, changing central heating system etc), please see separate sheets.		
Use draught excluders to stop heat loss from internal and external doorways, and windows. Keyhole and letterbox covers can stop draughts. Consider installing door curtains and a stair curtain. A chimney draught excluder can stop draughts up an unused chimney. Rugs can prevent draughts through floorboards.		
Replace incandescent lightbulbs with LED bulbs, especially in rooms you frequently use.		
Install radiator thermostats and/or only warm the rooms you need and when you need them.		
Install and use a portable thermostat in your home.		
Use a smart thermostat so you can turn on your heating remotely if you have an irregular schedule.		
Lag hot water cylinders and pipes, especially the first metre of pipe from the hot water cylinder		
Fit a water saving shower head or adapter.		
Buy and use a pressure cooker, air-fryer or slow cooker.		
Buy energy efficient appliances when they need replacing. The extra cost can be rapidly outweighed by the lower running costs, especially when energy prices are high. Heat pump tumble dryers reduce costs if you are using a tumble dryer.		

KEY	Typical Cost Savings	Typical CO2 Reduction
Significant	£10-40/yr	5-20 kg CO2/yr
High	£40-80/yr	20-40 kg CO2/yr
Very High	£100+/yr	40+ kg CO2/yr